REHABILITATION IN EMTS

Minimum technical standards and recommendations

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Overview

• Explore the underlying rationale for including rehabilitation in EMTs
• Describe the technical standards for rehabilitation
• Describe the development process of the technical standards
• Describe next steps
Why integrate rehabilitation in EMTs?

Rehabilitation is an important aspect of care for many people with illness or injury and should be provided proportionately with surgical and medical care.
Early access to rehabilitation improves outcomes. It can help to:

- Reduce the risk of preventable complications
- Facilitate a faster recovery
- Reduce length of inpatient stay

Rehabilitation helps to maximize the impact of other health interventions.
Trends in rehabilitation burden in sudden-onset disasters over time

Type 2 and 3 EMTs and specific specialist care teams will need to demonstrate that they can meet the technical standards for rehabilitation in order to be a Globally Classified Organization.
Minimum technical standards to achieve verification

• Type 2 and 3 EMTs need to deploy with one rehabilitation professional to 20 beds
• Type 2 and 3 EMTs need to deploy with essential list of rehabilitation equipment and consumables
• EMTs remaining in the field for more than 3 weeks need to allocate a space of at least 12m² for rehabilitation
Technical standards for specialized care teams for rehabilitation

- Provide a list of professionals representing at least two different rehabilitation disciplines (one of which is physiotherapy), and copies of their qualifications.
- Present a stockpile of the equipment, or documentation of an arrangement to have the equipment rapidly provided.
- Declare length of stay (at least 3 weeks)
Development process

The rehabilitation working group

- PT (2)
- OT (2)
- P&O (1)
- Nursing (1)
- Rehabilitation medicine (2)
Next steps

- Integrating rehabilitation into specialized care teams for SCI, burns and orthoplastics
- Developing resources to strengthen rehabilitation in EMT coordination
- Embed rehabilitation in regional EMT mentor training
- Develop guidance resources for accessible field hospitals
- Continue efforts to strengthen national rehabilitation capacity and emergency preparedness
Thank you