"DEPLOYED IN DISASTER: DESCRIPTIVE EXPLORATORY STUDY OF PERSONNEL DEPLOYED INTO ONTARIO LONG-TERM CARE HOMES DURING THE COVID-19 PANDEMIC"

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Background

- Long-Term Care in Ontario experienced over 8500 COVID-19 cases in LTC in Ontario and 1800 deaths during the first wave – representing 20% of all COVID-19 cases and 64% of deaths in Ontario*
- Facilities faced 80% absenteeism**, up to 40 residents per staff; residents left unfed and unchanged for hours and days
- 35 LTC homes went under temporary management of acute care hospitals
- 275 personnel from the Canadian Armed Forces and over 200 from the Canadian Red Cross Society deployed into LTC in Ontario

^{*} CIHI, 2020; ** Marrocco, Coke, & Kitts, 2021

Study of Deployed Personnel

- Research Questions:
 - What is the experience of personnel who deployed into long-term care during the pandemic?
- Purpose:
 - Explore and compare the perspectives of personnel deployed into long-term care in Ontario during the COVID-19 pandemic
- Design: Descriptive Exploratory
- Methods: Demographic Survey & Semi-structured interviews* of deployed personnel
- Sample: 28 health professionals

Findings

- First Cycle Coding identified four common themes
 - Navigating the Unknown
 - Ambiguity of Role/Purpose
 - Trauma and Moral Injury
 - Presence/Reality of Leadership



So What Can We Learn?

- Presence of leadership mitigated fear and anxiety
- **Trust** amongst personnel facilitated teamwork and managing stress
- Understanding <u>one's purpose/role</u> helped focus tasks and collaboration
- Be able to <u>adapt</u> and be <u>flexible</u> to manage the unknown
- Preparedness includes strategies to <u>manage the shock and trauma</u>

Thank You

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References

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