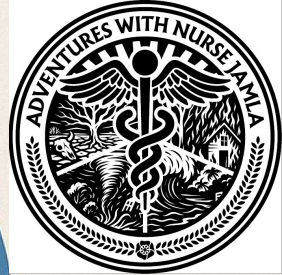
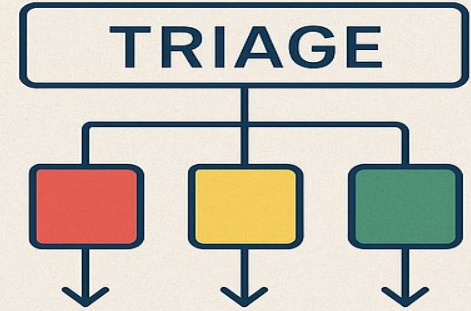


INTERNATIONAL DISASTER NURSING

TRIAGE SYSTEMS AND THE ROLE OF NURSES IN DISASTERS



Jamla Rizek, DNP, MBA, RN, CEN, CPEN, NHDP-BC, NRP, FAEN

Learning Objectives

Understand key triage systems used globally

Describe the nurse's role in disaster triage

Recognize cultural, ethical, and situational considerations in international contexts

Apply principles to real-world scenarios



Before we Begin...

Let's do a poll

1 for Nurses

2 for Physicians

3 Paramedics

4 for other



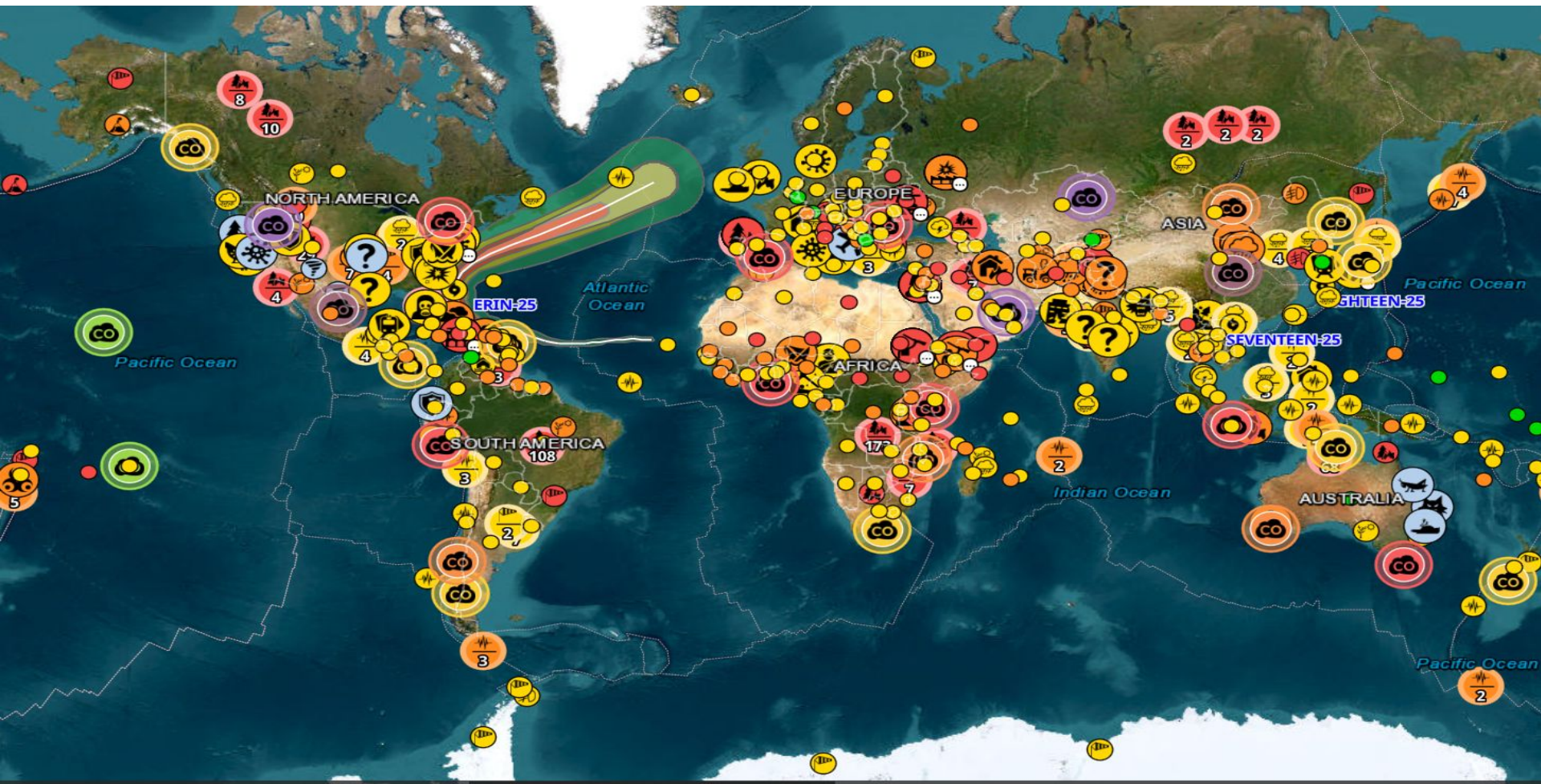
One more Poll...

1. LATAC
2. Other
 - a. Where?

Quick Poll



Global Disaster Context



What is Disaster Triage?

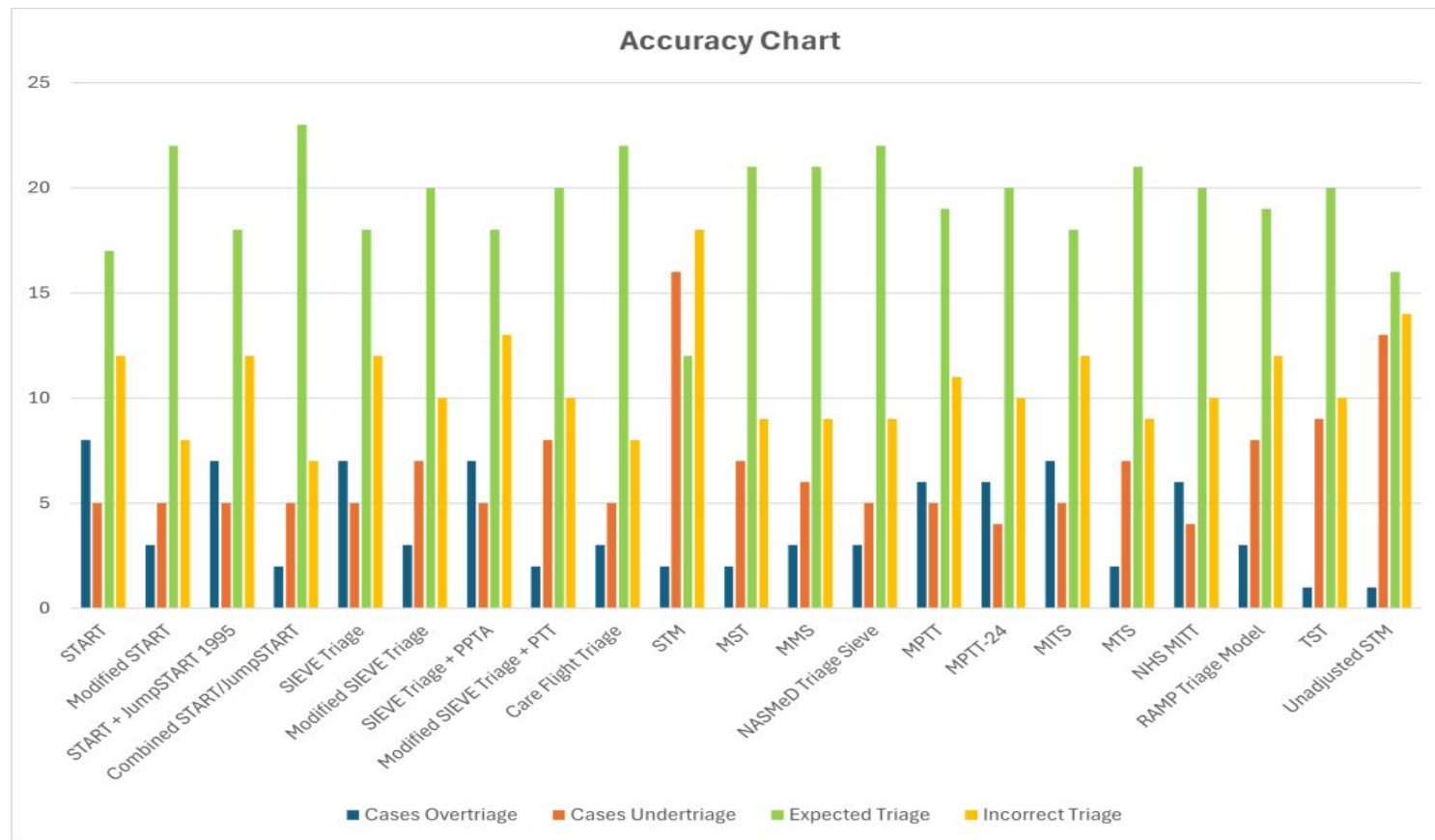
Sorting patients based on priority for treatment and transport

“Do the greatest good for the greatest number” principle

Differences between disaster triage and routine emergency department triage

Priority Number	Priority Color	Name	Description
1	Red	Immediate/Emergency	Life in imminent danger and require immediate treatment
2	Yellow	Delayed	Life not in immediate danger but requires urgent, not immediate, medical care
3	Green	Minimal	Minor injuries that will eventually require treatment
No priority	Black	Expectant/Dead	Injuries are too extensive to be treated with available resources





Key International Triage Systems

START (Simple Triage and Rapid Treatment) – widely used in mass casualty incidents

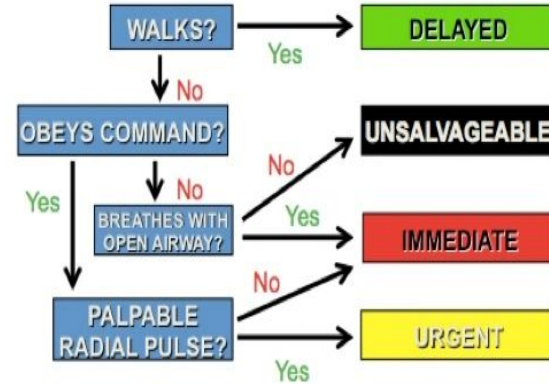
JumpSTART – pediatric adaptation

SALT Triage – Sort, Assess, Lifesaving interventions, Treatment/Transport

CareFlight – rapid color-tagging system

Other regional systems

- UK: Triage Sieve / Triage Sort
- Australia: Primary/Secondary Survey adaptation
- Japan: Disaster Medical Assistance Team (DMAT) protocols



START TRIAGE

(Simple Triage and Rapid Treatment)

All Walking Wounded

MINOR

RESPIRATIONS

YES

NO

Position Airway

Over
30/min

Under
30/min

YES

NO

IMMEDIATE

IMMEDIATE

DECEASED

PERFUSION

Radial Pulse Present

Radial Pulse Absent

Capillary Refill

Over
2
Seconds

Under
2
Seconds

Respiration 30
Perfusion 2
Mental Status CAN DO

Control
Bleeding

IMMEDIATE

MENTAL STATUS

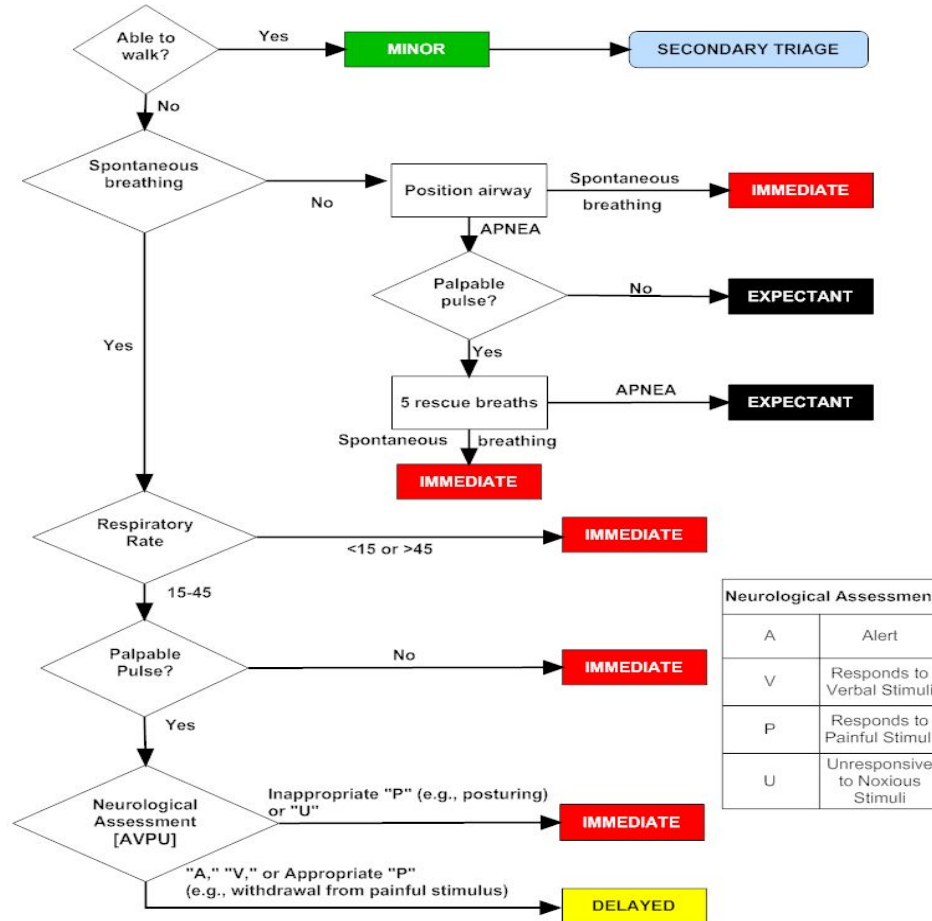
Can't Follow
Simple Commands

Can Follow
Simple Commands

IMMEDIATE

DELAYED

JumpSTART Pediatric Multiple Casualty Incident Triage



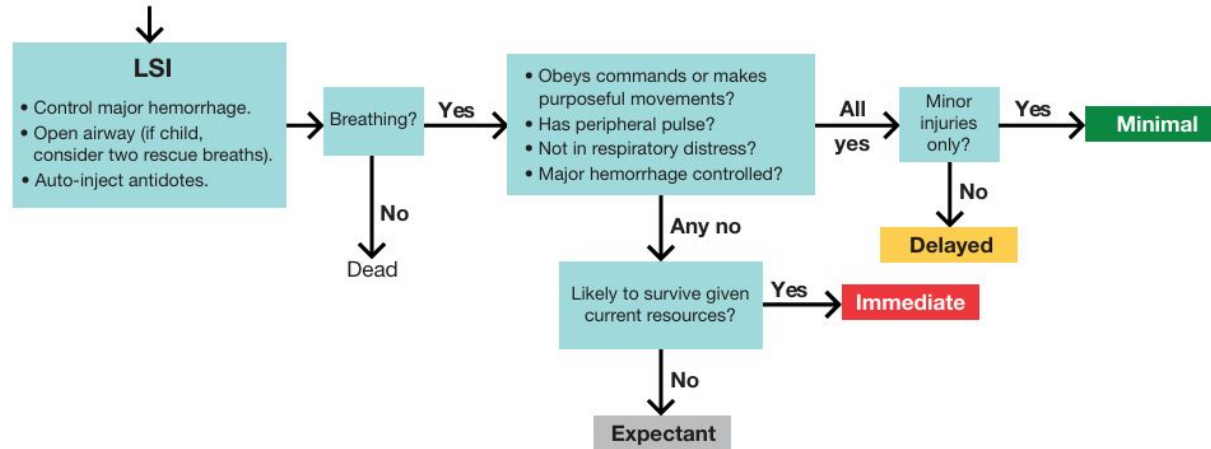
Use JumpSTART if the Patient appears to be a child.

Use an adult system, such as START, if the patient appears to be a young adult.

SALT Mass Casualty Triage

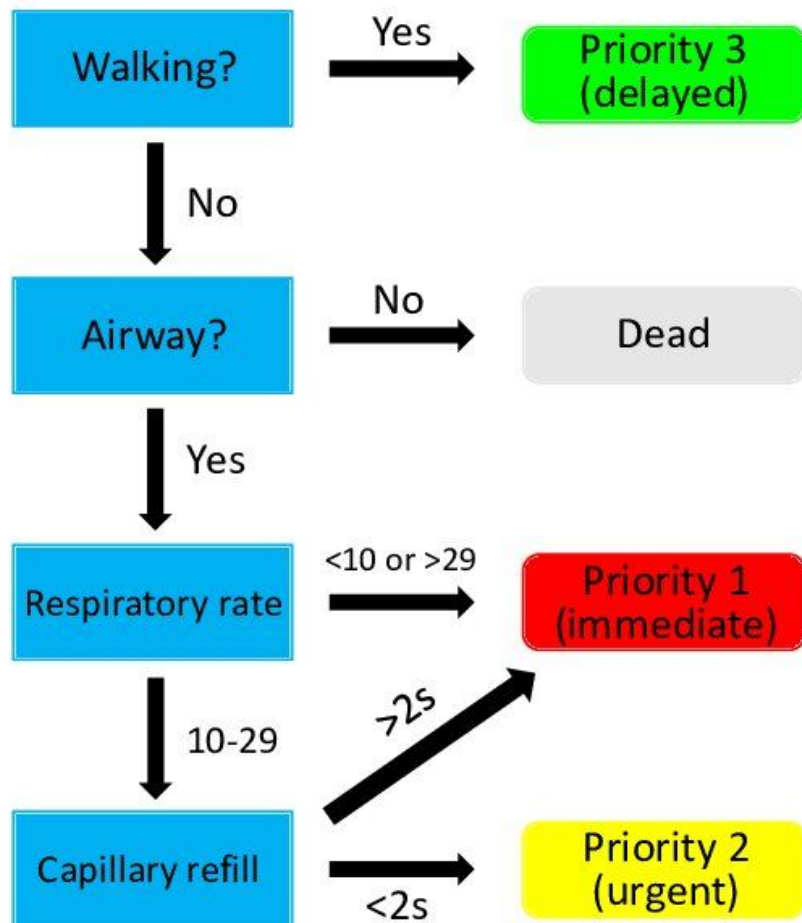


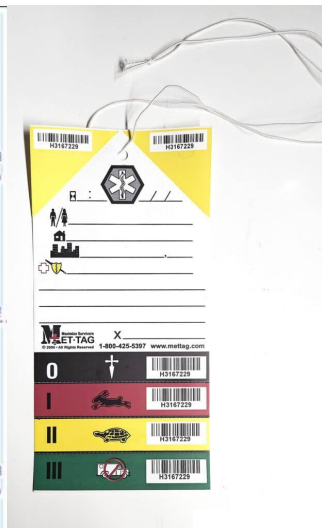
Step 2
Individual assessment



Sort, Assess, Lifesaving Interventions, Treatment/Transport (SALT) triage system replaces Simple Triage and Rapid Treatment (START).

Source: U.S. National Library of Medicine.



[illegible][illegible]

FRONT		BACK	
MISSING EQUIPMENT		OUT OF SERVICE	
NOTES		NOTES	
CREW MEMBER		CREW MEMBER	
DATE	TIME	DATE	TIME
800-425-5397 mettag.com MT-FLEET © 2013 all rights reserved		MT-FLEET © 2013 all rights reserved	
512312		BACK IN SERVICE	
512312		BACK IN SERVICE	
512312		NEEDS EQUIPMENT	
512312		OUT OF SERVICE	
512312		MISSING EQUIPMENT	
512312		IN SERVICE	



SALT Triage Count Worksheet

Incident
Comm Plan Tac #

Responder Name
Agency
Date / /
Time :

Triage Unit Members

Last Name	Agency	Last Name	Agency	Last Name	Agency	Last Name	Agency

Location 1

Tally from Triage Teams	Total
IMMEDIATE	
IMMEDIATE	
DELAYED	
MINOR	
EXPECTANT	
DEAD	
PT Total	

Incident Commander Advised

Location 2

Tally from Triage Teams	Total
IMMEDIATE	
IMMEDIATE	
DELAYED	
MINOR	
EXPECTANT	
DEAD	
PT Total	

Incident Commander Advised

Notes:

©2012 Disaster Management

COMMUNITY PREPAREDNESS



Role of Nurses in Triage

Rapid assessment under pressure

Integration into multidisciplinary teams

Communication/documentation

Leadership and coordination roles



Adapting in International Contexts

Working with unfamiliar infrastructure

Cultural sensitivity and language barriers

Resource scarcity adjustments



Ethical and Psychological Considerations

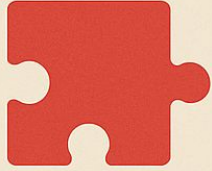
Moral distress during resource scarcity

Balancing fairness and urgency

Cultural considerations in prioritization



Key Takeaways



No one-size-fits-all triage system



Nurses are central to effective triage



Cultural awareness and adaptability are critical





**ARE YOU
READY?**

A tornado has struck a small town, and multiple victims are brought to a community shelter for rapid triage. You are the nurse assigned to initial SALT triage.

1. **35-year-old male** lying on the ground, not moving. When you call to him, he opens his eyes but cannot stand. Breathing is 24/min, cap refill >2 seconds, weak radial pulse, multiple deep lacerations.
2. **60-year-old female** walking toward you holding her arm. Severe bleeding from forearm, controlled with direct pressure. She is alert, talking clearly, and breathing normally.
3. **10-year-old boy** sitting in a chair crying loudly. No visible injuries. Vitals normal.
4. **40-year-old male** unresponsive, not breathing after airway repositioning.
5. **25-year-old female** awake, oriented, with abdominal pain and bruising. Respirations 30/min, pulse rapid, skin pale.

Use **SALT triage steps** (Sort, Assess, Life-Saving Interventions, Treatment/Transport) and assign categories: Immediate (Red), Delayed (Yellow), Minimal (Green), or Expectant/Dead (Black).



A school bus carrying 20 children has overturned. You arrive on scene with EMS and are assigned to pediatric triage using JumpSTART.

1. **5-year-old female** found crying and walking. Minor abrasions on knees, respirations 22/min, cap refill <2 sec.
2. **8-year-old male** not breathing when found. You reposition his airway—he begins breathing at 28/min with a weak cry.
3. **3-year-old male** breathing at 10/min, pulse weak, unresponsive to pain.
4. **6-year-old female** awake, alert, unable to walk due to obvious femur fracture. Respirations 30/min, pulse strong, skin warm.
5. **12-year-old male** walking around, helping others, only complaint is mild wrist pain.

Apply **JumpSTART algorithm** (walking wounded, breathing, rescue breaths if needed, respiratory rate/pulse/mental status checks) and assign triage tags.



A multi-vehicle accident occurs on a rural highway. Helicopter EMS (CareFlight) arrives and begins triage at the scene.

1. **45-year-old truck driver** found unresponsive, respirations 8/min, weak radial pulse.
2. **32-year-old pregnant female (28 weeks)** sitting on the roadside, complaining of abdominal pain, respirations 28/min, pulse strong, skin pale.
3. **18-year-old male** walking, multiple superficial lacerations, alert, vitals stable.
4. **70-year-old female** trapped in car, unresponsive to voice but moans with pain. Respirations 24/min, pulse weak, pupils sluggish.
5. **50-year-old male** complaining of chest pain and shortness of breath, respirations 32/min, skin cool and clammy.

Using **CareFlight triage categories** (Immediate, Urgent, Delayed, Deceased/Expectant), classify each patient.



Call to Action

Ongoing training in multiple systems

Participate in international drills

Build cultural awareness*



شكرًا لك
مرحم

Thank you

